



weeks later and STILL it's THERE?

DON'T DELAY!



Sarcoma is a group of over 70 rare primary bone and soft tissue tumours, commonly found in the limbs and trunk.

Sarcoma is highly aggressive:

the greater the delay in diagnosis and treatment, the poorer the outcome

Common symptoms are:

- a swelling or lump, which may or may not be painful and which changes in size
- unrelieved pain when at rest, particularly at night
- a pain in the back or limb that appears to have no cause
- fatigue
- weight loss

DON'T WAIT!

It is probably nothing at all...... but do you really want to take that chance?? See your doctor and if you are not satisfied seek a second opinion. You know your own body best! Ask to be referred to a specialist experienced in the management of bone and soft tissue tumours. A sarcoma needs to be treated as quickly as possible by a multi-disciplinary specialist sarcoma team.

BE PROACTIVE!!Take charge of your health!

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